Health360 combines the medical excellence of Kaiser Permanente and pioneering dental care from Delta Dental of Washington in one plan. With a wide provider network and special member benefits, Health360 plans make it simple and affordable for you to live your healthiest life.

**Why Kaiser Permanente?**
- Live well and thrive: High-quality, personalized care to help you get and stay healthy
- Focused on prevention: Catching issues early avoids more expensive care later
- Your doctor, your choice: Pick your doctor based on what’s important to you – and you can also change doctors at any time
- Care that fits your life: Virtual and in-person options, so you can get the care you need when you need it

**Why Delta Dental?**
- Largest dental network in the state and the U.S., with 158,000+ in-network dentists nationwide
- Focused on oral and overall health through regular preventive care
- Personalized online tools, including Find a Dentist and an instant, accurate out-of-pocket cost estimator
- 95% member satisfaction rate

**HOW IS HEALTH360 DIFFERENT?**
Dental health is essential for overall health. That’s why we teamed up with Delta Dental to offer a medical plan and a dental plan in one – so you can always get the right care to stay healthy from head to toe.

As a Health360 member, you can earn an annual maximum step increase for each year that you receive preventive dental care from a PPO network dentist. You may repeat this each year until you reach your annual maximum upper limit. (Turn this flyer over to see how the benefit works.)

Regular preventive care is especially important for people with certain health conditions. To help reduce the risk of potential problems, Health360 includes a special benefit for members who are pregnant, managing heart disease, or living with diabetes.

- Through our connected care network, we identify and reach out to higher-risk patients.
- An extra dental cleaning and exam with any PPO network provider are offered every year, at no additional charge, to patients with qualifying conditions.
- This extra cleaning and exam don’t apply to your annual maximum or the plan’s cleaning and exam limitations.

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Dental preventive care: Annual step increase example

- **Year 1 Annual Maximum: $1,500**
  Get a cleaning from any PPO network dentist, and earn a maximum step increase of $250 under the PPO network.

- **Year 2 Annual Maximum: $1,750**
  Get an X-ray and a cleaning, and earn a maximum step increase of $250 under the PPO network.

- **Year 3 Annual Maximum: $2,000**
  Maximum reached! Get a fluoride treatment to keep your highest annual maximum under the PPO network.

For help with medical benefit questions, contact **Kaiser Permanente Member Services** at 206-630-4636 or 1-888-901-4636 (TTY 711), Monday through Friday, 8 a.m. to 5 p.m.

For help with dental benefit questions, call **Delta Dental Member Services** at 800-554-1907, Monday through Friday, 7 a.m. to 5 p.m., or visit deltadentalwa.com/mysmile.