A value-driven solution for your business
The right mix of care & coverage goes a long way

Small business owners like you want plan options that offer high quality and a good value. Your employees want options that do the same.

When evaluating your plan options this year, consider including a plan offering that uses the Kaiser Permanente Core network in addition to the Access PPO network. By also offering the Core plan to your employees, they’ll get the flexibility to choose the coverage that works best for their individual needs.

The Core network provides your employees with high-quality Kaiser Permanente care at lower out-of-pocket expenses and monthly premiums. Plus, adding the Core plan to your coverage mix can reduce your business’s monthly premium by up to 20%.

Speak with your Kaiser Permanente account representative or producer about how the Core network makes sense for your employees and your business.

Reduce your business’s monthly premium by adding a Core network plan.

Top-performing health plan in the state of Washington

According to the 2018 eValue8™ survey, Kaiser Permanente’s Core plan is rated #1 overall in Washington, and we are #1 in 4 specific categories.

Dental plans available

We’ve teamed up with Delta Dental of Washington to offer broad dental benefits to our members.

This collaboration allows you to make Kaiser Permanente your single point of contact for dental coverage services, including:

- **Consolidated enrollment:** Dental coverage is selected on the medical enrollment application
- **Family plan:** Includes federally mandated pediatric dental, allowing families to be covered under the same plan
- **Consolidated billing:** One bill for medical and dental premiums

Top-Performing Health Plan in Washington

2018 eValue8™

Dental plans available

Kaiser Permanente

kp.org/wa/smallgroup
A BETTER WAY TO TAKE CARE OF BUSINESS

Connected, coordinated care

The Kaiser Permanente approach to care is collaborative and innovative. It’s care that can help your employees achieve better health and your business lower health-related costs.

A team approach
Led by the member’s personal physician, our health care professionals and support staff work together to meet the member’s health needs.

Focus on prevention
Catching issues early helps prevent more expensive care later and can reduce missed days at work.

Evidence-based care
By using scientific evidence, we can provide treatment that’s proven to be effective and efficient, which can help keep health care costs down.

More ways we help our members

Formulary and managed medications
Because prescriptions have such a big impact on members’ health and health care costs, our pharmacists:

- Use generics whenever possible
- Monitor for potential interactions
- Evaluate all drugs before including them in our formulary
- Support patients’ high-cost specialty drugs

Medical excellence
Washington Permanente Medical Group is one of the highest-ranked medical groups in Washington state.

Evidence-based care
By using scientific evidence, we can provide treatment that’s proven to be effective and efficient, which can help keep health care costs down.

Members who receive care at Kaiser Permanente medical facilities get:

- Patient-centered, coordinated care to help achieve the best possible health results
- Lab, pharmacy, and X-ray services under one roof at most Kaiser Permanente locations
- Secure email with doctors and care teams for nonurgent issues
- Mail-order pharmacy service

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A BETTER WAY TO TAKE CARE OF BUSINESS

Connected care
Our care teams are all connected to the member’s electronic health record.

Formulary and managed medications
Because prescriptions have such a big impact on members’ health and health care costs, our pharmacists:

- Use generics whenever possible
- Monitor for potential interactions
- Evaluate all drugs before including them in our formulary
- Support patients’ high-cost specialty drugs

Care management
Our program helps reduce the need for hospital stays and readmissions. Kaiser Permanente hospitalists and nurses provide care at our 7 highest-volume network hospitals. By using preferred facilities and providers, we can direct members to more effective, lower cost care.

Evidence-based care
By using scientific evidence, we can provide treatment that’s proven to be effective and efficient, which can help keep health care costs down.

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- Mail-order pharmacy service

kp.org/wa/smallgroup
Tools and resources for better health

Online services
At kp.org/wa, employees can:
• Order refills for most prescription drugs
• Schedule appointments, email their doctor’s office for nonurgent issues, see lab test results, and more.¹

Kaiser Permanente Washington mobile app
Employees can access many features available in their online account with our mobile app.

Tobacco cessation
The Quit for Life® Program offers convenient and personalized support.

Living Well Programs
Six-week online or in-person workshops can help your employees who live with ongoing health conditions improve their health and quality of life.

Wellness coaching
Coaches offer tools, resources, and encouragement to members working to achieve health goals.

Fitness management programs
A variety of programs and discounts are available to help your employees get fit and live healthier.

Convenient ways to get excellent care

Come in
Doctor appointment: Our doctors will be your employees’ partners in health. And Kaiser Permanente medical facilities have many services under one roof. So your employees can get what they need in just one trip.

CareClinic by Kaiser Permanente at Bartell Drugs: With 15 locations across the Puget Sound area and staffed by Kaiser Permanente clinicians, CareClinic at Bartell Drugs offers walk-in care for minor medical issues. Open every day from 9 a.m. to 7 p.m., including weekends.

Urgent and emergency care: For issues that require prompt attention, your employees can walk into any Kaiser Permanente urgent care center – some open 24/7.

Click
Care Chat: Online messaging for real-time medical care from a Kaiser Permanente care provider. It’s available 7 days a week.

Online visits: For common medical issues that don’t need a physical exam, such as a sore throat or allergies, your employees can go online and get a diagnosis and a treatment plan, usually within 2 hours.

Call
Consulting Nurse Service: When your employees need advice or help figuring out where to get care, our 24/7 Consulting Nurse Service is always available to help them.

For more information, contact your Small Group Sales Team: 206-448-4140 or 800-542-6312.

¹ Our commercial HMO was rated the top health plan in Washington state among the 6 health plans included in the 2018 eValue8™ survey. Health Plan Performance: eValue8™ 2018 Results, Washington Health Alliance, March 2019. View the results at www.wacommunitycheckup.org/highlights.

² Some features only available with care received at Kaiser Permanente medical facilities.


All medical plans offered and underwritten by Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc.